



DEEPEN

Our Deepen process is the second stage in a company’s hierarchy of growth, where employees are taught how to manifest psychological safety from within themselves so that safety can be leveraged into personal growth and cascaded outward to teams and departments. Our Deepen program includes three courses.

<div>Mastering Trust</div> <div>Leveraging attitude, authenticity, self-awareness, and psychological safety to accelerate trust, strengthen work relationships, and enhance team effectiveness.</div> <div>2 weeks</div>	<div>Black Belt Communication</div> <div>Learning to listen to word choice, body language, inflection, and what isn’t spoken, and then how to source powerful questions that lead to more targeted action.</div> <div>4 weeks</div>	<div>Connecting on Purpose</div> <div>Excavating and sharing a powerful life story to reframe and own each employee’s superpowers and kryptonite to ignite the full capacity within them.</div> <div>8 weeks</div>
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TOP OUTCOMES

- ORGANIZATION** Our employees feel safe and supported to meet challenges more productively
- INDIVIDUAL** I am empowered to use my voice

PROGRAM LOGISTICS

-  **14 total weeks of programming**
2-week breaks between courses are recommended
-  **3 to 5 hours per week**
Average 2 hours self-paced; 90 minutes group facilitation
-  **Cohorts of up to 25 people each**

